



Hathor Healing Journeys

Culture, Spiritual Enrichment and Healing

Hotel Healing Centre House of Life Abydos

Hathor Healing Journeys from the Netherlands and Hotel Healing Centre House of Life Abydos Egypt, jointly organise several tours through Egypt as follows: Two Cultural Tours, a Healing Tour, a Hathor Retreat, the Relaxation Tour, the Hathor Health Sandtreatment and the Course Ancient Egyptian Healing. These one to three week customised tours are especially adapted to the personal spiritual development of every participant. The tours are organised from the Netherlands by music therapist and Ancient Egyptian Healer Yvon/Aset Taken and Horus, the Egyptian priest from Hotel Healing Centre House of Life. This in cooperation with the Egyptian Travel Agency Anubis. Our teamwork warrants you, a thorough, spiritually enriched tour.

Hathor Cultural Tour

What Ancient Egypt Culture preserved for mankind, is more than impressive, even up to the present day, it appeals strongly to one's imagination. From the Ancient Egyptian Pharaohs and daily life of that time onwards, it reveals how deeply religious and spiritual connections between Earth and the Universal Powers, are embodied in its monumental architecture and other art forms.

This Hathor Cultural Tour through Egypt travels along important Earth energy sites, museums, temples where visitors will encounter the ancient religion, spirituality, art and architecture from bygone days. You will be stimulated so that all these impressions are filtered through all your senses. We will meditate at important Temples and powerful Earth energy sites. This cultural tour penetrates to one's deeper emotional layers which then surfaces in enhanced personal, physical and mental well-being. During the tour, these experiences are discussed and guided by Horus and Yvon. In Hotel Healing Centre House of Life, Abydos, you will be acquainted with various ancient healing procedures and massages.



Hathor, Goddess of Beauty, Love, Song, Dance and Music.



Price list 2012

The prices for the Hathor Cultural Tour are € 1900 or \$ 2714, - per person. Included are your overnight stays in 4 or 5- star hotels, breakfasts, lunch and evening meals. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for temples and museums.

Your itinerary

Day 1: Arrival in Cairo.

Day 2: Visit to the Museum of Antiquities in Cairo. Evening visit to the Eastern Bazar Ghan –El-Chalili and the Al-Hussein Mosque.

Day 3: We visit the Great Pyramids of Gizeh and Sakkarra.

Day 4: We leave Cairo and we travel to El-Minja.

Day 5: We visit the area of Tel El Amarna, the land of Achnaton.

Day 6: We visit the museum of Mallawi, then Aschmoenihien, the land of Thoth and Toena El Djebel. In the afternoon we will drive to Abydos where we stay in Hotel Healing Centre House of Life.

Day 7: We visit the temple of Sety I.

Day 8: We visit the temple of Dendera dedicated to the Goddess Hathor.

Day 9: We visit the temple of Ramses II in Abydos.

Day 10: We travel to Luxor. Evening visit to the Bazar of Luxor.

Day 11: We visit the Valley of the Kings and visit if possible the burial tomb of Thotmoses III. We visit the Temple of queen Hatshepsut.

Day 12: We visit the impressive Temples of Luxor and Karnak. We meditate if possible in the chapel dedicated to the goddess Sakhmet. In the afternoon we travel to Aswan.

Day 13: In the morning we visit Elephantine island and the temple dedicated to the God Khnum. In the afternoon we visit the temple of Philae dedicated to the goddess Isis.

Day 14 - 15 - 16: We travel to Abydos. During our Abydos stay, we frequently visit the Temple of Sety I. In the Temple and Hotel Healing Centre House of Life various healings, massages and sound concerts are offered by Horus, Aset and other staff members.

Day 17 - 18: We travel to Luxor and take a morning flight to Cairo and a flight to different destinations.

Hathor Medicine in Ancient Egypt

Next to her impressive culture the old Egyptians also stood at the cradle of our present medical know how. In special parts of the temples, the 'Per Ankh', Houses of Life, the priests and priestesses performed diagnosis, developed medicines, carried out surgeries and offered various treatments. Their profound spiritual and magical connection with the Earth and Universe was their source of knowledge and healing practices became an integral part of their daily lives. During this cultural journey through Egypt we will meet the medical approach and treatments of old Egypt. We will experience this by visiting special places and temples in relation with this subject and see how the Egyptians developed their thorough knowledge about the physical body. How they applied medical treatments that are still being practiced today. Information on old papyrus papers show that research and making diagnosis were common practice long before we learned this wisdom from the Greek. This cultural journey is of special interest to practitioners of medicine who want to broaden their view.



Price list 2012

The prices for the Hathor Medicine in Ancient Egypt are € 1950 or \$ 2768, - per person. Included are your overnight stays in 4 or 5-star hotels, breakfasts, lunch and evening meals. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for temples and museums.

Your itinerary

Day 1: Arrival in Cairo.

Day 2: Visit to the Museum of Antiquities in Cairo. Evening visit to the Eastern Bazar Ghan –El-Chalili and the Al-Hussein Mosque.

Day 3: We visit the Great Pyramids of Gizeh and the Sphinx. In the afternoon Sakkarra with the stepp pyramid and the museum of Imhotep. We'll traveling to El Minja.

Day 4: By boat on the river Nile we will go to the eastern mountains to visit the tombs of Beni Hassan with their paintings of sport, yoga, art and music.

Day 5: We visit the museum of Mallawi, then Aschmoenihien, the land of Thoth and Toena El Djebel. In the afternoon we will drive to Abydos where we stay in Hotel Healing Centre House of Life.

Day 6 - 7: During our staying in Abydos we will visit the temple of Sety I, the House of Life in the temple., the temple of Ramses II and if possible the tombs Um El Ga'ab. All kind of important information about the ancient medicines will be shared.

Day 8: We visit the temple of Dendera dedicated to the Goddess Hathor and travel to Luxor:

Day 9 -10: We visit the valley of the King, Hatsjepsoet temple, a papyrus and statue atelier and have diner in a special place. The temple of Karnak with a special visiting of the chapel of Seghmet, the temple of Luxor and the museum for mummification.

Day 11 - 12: On our way to Aswan we visit the temple of Horus in Edfu. In Aswan we visit the temple of Khnum on Elephantine island and Philae the temple of Isis.

Day 13: On our way back to Abydos we visit the temple of Komombo.

Day 14: We visit the temple of Sety I and the Osirion. Information about medicines in ancient Egypt will be shared.

Day 15: In the early morning we travel to the airport of Luxor to take a morning flight to Cairo and a flight to different destinations.

Hathor Healing Tour

Do you have a deep yearning to experience and visit Ancient Egypt? Maybe you have the feeling you would like to find a space to reflect on reoccurring themes in your life that hamper your optimal functioning? Maybe your physical condition is in need of some extra care. The Hathor Healing Tour is especially designed to focus on personal themes and spiritual development of each participant.

The basis of Hathor Healing Tour is to visit and absorb the uniqueness of this ancient Egyptian civilisation, which is still so tangible today. At the same time, the stay in Hotel Healing Centre House of Life, meditations, healings, massages and sound concerts at earth energy sites are all part and parcel to personal spiritual enrichment. Horus and Yvon are always present to guide one through these developmental processes.



The "Gab"



Temple of Sety I , the inner Temple dedicated to Osiris and the Hall of Hope.

Price list 2012

The prices for the Hathor Healing Tour are € 1600 per or \$ 2285, - .per person.

The prices for the Hathor Healing Tour of two weeks are € 1300, – or \$ 1850, - per person. Included are: your overnight stays in 3 or 4-star hotels, breakfasts, lunch and evening meals. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for temples and museums.

Your itinerary

Day 1: Arrival in Luxor, Egypt. We will stay in Luxor for 2 nights.

Day 2: We visit the Valley of the Kings. If it is open, we meditate in the burial tomb of Thotmoses III. We also visit the Temple of Hatshepsut. In the late afternoon, on the west bank we will visit a papyrus and statue atelier. We have dinner in a special place.

Day 3: We visit the impressive Temples of Luxor and Karnak. We meditate in the chapel dedicated to the goddess Sakhmet.

We leave Luxor and drive ± 190 kms to Abydos, where we will stay at Hotel Healing Centre House of Life and visit the Temple of Seti I.

Day 4 - 5 - 6: To meditate and work on personal themes and spiritual enrichment, we will visit the Temple of Seti I often. Horus and Yvon/Aset are your personal guides in these processes. The sound healings are guided by Yvon/Aset.

In the afternoon we will escort you to the desert for the sand treatments. In Hotel Healing Centre House of Life Ancient Healing practises are offered, which include body massages with etheric oils, cleansing rituals and footbaths. These practises are offered by Horus, Aset and other members of staff.

Day 7: We visit the Temple of Dendera dedicated to the goddess Hathor and meditate at three important Earth energy sites.

Day 8 – 9 – 10: We stay in Hotel Healing Centre House of Life. In the Temple of Seti I we focus on personal themes and processes. We visit the Temple of Rameses II.

Day 11 – 12 - 13: We travel to Al-Minja and stay two nights. We visit Tel Amarna and Toena-el-Dzizebel en Aschmoenin.

Day 14 - 21: We stay in Abydos and focus on personal themes and processes. During these days we will visit, if we get the permission of the authorities, the "Gab", which is a holy site in the mountains behind the Temple.

Day 22: We drive to Luxor Airport.

The touring agency reserves the right to change your itinerary.

The Hathor Retraet

You are in need of a short period of real rest. In the meantime you also want to give attention to a theme in your self. Something you wanted to look at already a long time. The Hathor Retreat can be of great help to you. During this week we will work with you on your theme. Various techniques will support you like meditations, foot baths, massages, sound healing, treatments on special energy places in the Temple of Sety I. Moreover the House of Life breathes an atmosphere of relaxation and special rest. Both Horus and Aset will support you in your reflection process.



Price list 2012

The prices for the Hathor Retreat are € 700, - or \$ 935, - per person. Included are your overnight stays in the Hotel Healing centre House of Life in Abydos, breakfasts, lunch and evening meals, and the treatments. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for temples and museums.

Your itinerary

Day 1: Arrival in Luxor airport. Our taxi driver will bring you save to Abydos.

Day 2 - 3 - 4: You will visit the temple of Sety I - the temple of Ramsess II and the Osirion. We invite you to feel the special atmosphere of these places. In the House of Life we will work with you by individual meetings, giving body massage treatments with the sacred oils of ancient Egypt, foot baths, healing and soundhealing.

Day 5: You will visit the temple of the goddess Hathor in Dendera to experience the atmosphere of this special temple. .

Day 6 - 7 : During these two day's we still will work with your theme. to give you on the end an advise.

Day 8: In the early morning the taxi driver will bring you to the airport of Luxor to take a morning flight to Cairo to contune your flight to different destination.

Hathor Relaxation Tour

Are you fascinated by Ancient Egyptian Civilisation, and has Egypt already captured your heart? Do you wish to experience the exceptional atmospheres and unique cultures, but at the same time you need to give some extra deserved care to your body and mind? Hotel Healing Centre House of Life, Abydos, as your specialist in exceptional hospitality, will do everything possible to make your stay memorable and relaxing. You will be part of everyday life in Abydos, experience the tangible original atmosphere in the Temple of Sety I yourself. You will be engulfed in powerful high energies and the restful atmosphere, The ideal combination for meditation and delving into your inner self. Hotel Healing Centre House of Life offers a variety of treatments with herbs, massages using holy oils, footbaths and sound healings, that originated in Ancient Egypt. These authentic therapies relax and strengthen body and mind, the “Ka” and the “Ba”.



Price list 2012

The prices for the Hathor Relaxation Tour are € 1500,- or \$ 2142,- per person. Included are your overnight stays in 3 or 4-star hotels, breakfasts, lunch and evening meals. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for Temples and museums.

Your itinerary

Day 1: Arrival in Luxor, Egypt. We will stay in Luxor for 2 nights.

Day 2: We visit the Valley of the Kings and the Temple of Hatshepsut. Impressive Temples of Luxor and Karnak and the Earth energy sites here.

Day 3: We visit the Valley of the Kings and the Temple of Hatshepsut. In the late afternoon, we leave Luxor and drive ±190 kms to Abydos, where we will stay with Horus at Hotel Healing Centre House of Life and visit the Temple of Sety I.

Day 4 – 5 – 6: We will stay in Hotel Healing Centre House of Life and visit the Temple of Sety I. In Hotel Healing Centre House of Life Ancient Healing practises are offered, which include body massages with etheric oils, footbaths and other cleansing rituals. These practises are offered by Horus, Yvon and other members of staff.

Day 7: We visit the Temple of Dendera dedicated to the goddess Hathor.

Day 8 – 9: We stay in Hotel Healing Centre House of Life. We visit the Temple of Sety I and the Temple of Rameses II.

Day 10 - 11 - 12: We visit Toena-el-Dzjezebel en Aschmoenin.

Day 13 - 14: We stay in Hotel Healing Centre House of Life Abydos. We visit the temple of Sety I and places around Abydos.

Day 15: We drive to Luxor Airport.

The touring agency reserves the right to change your itinerary.

Hathor Health Sandtreatments

The culture of old Egypt fascinates you and the country has taken a special place in your heart. We welcome you in our Hotel Healing centre House of Life and offer you the program as described in the Hathor Relaxation tour. Besides the goal of your visit is to undergo the sand healings in the desert of Abydos because your body needs this treatment. In the late afternoon we will escort you to the desert of Abydos and will bury your body for a short while in the hot sand. The specific contents of the minerals in the sand and the heat have special effects on your body that releases waste. Also you may have special spiritual experiences during this treatment. You may stay 10 or 22 days which implies respectively 6 or 8 days of sand treatments.

If you come 10 days we will pick you up at the Luxor airport. If you come 22 days you will also participate in the Ancient Egyptian Healing summer tour which includes a visit to Aswan or El Minja.

During the sand healings you will be escorted by Aset and co-workers of the House of Life. Besides the sand healings you will be treated with herbs, healings, foot baths and massages with pure etheric oils as used in ancient Egypt to support the physical and spiritual process.



Price list 2012

The prices for the Hathor Health Sand treatments 10 days : € 1100,- or \$ 1485,-
22 days : € 1750,- or \$ 2475,- Included are your overnight stays in 3 or 4-star hotels, breakfasts, lunch and evening meals. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for temples and museums.

Your itinerary Hathor Health Sandtreatments 22 days

Day 1: Arrival in Luxor, Egypt. We will stay in Luxor for 2 nights.

Day 2: We visit the Valley of the Kings. If it is open, we meditate in the burial tomb of Thotmoses III. We also visit the Temple of Hatshepsut. In the late afternoon, on the west bank we will visit a papyrus and statue atelier. We have dinner in a special place.

Day 3: We visit the the impressive Temples of Luxor and Karnak. We meditate in the chapel dedicated to the goddess Sakhmet.

We leave Luxor and drive ± 190 kms to Abydos, where we will stay at Hotel Healing Centre House of Life and visit the Temple of Seti I.

Day 4 - 5 - 6: To meditate and work on personal themes and spiritual enrichment, we will visit the Temple of Seti I often. Horus and Yvonne/Aset are your personal guides in these processes. The sound healings are guided by Yvonne/Aset.

In the afternoon we will escort you to the desert for the sand treatments. In Hotel Healing Centre House of Life Ancient Healing practises are offered, which include body massages with etheric oils, cleansing rituals and footbaths. These practises are offered by Horus, Aset and other members of staff.

Day 7: We visit the Temple of Dendera dedicated to the goddess Hathor and meditate at three important Earth energy sites.

Day 8 – 9 – 10: We stay in Hotel Healing Centre House of Life. In the Temple of Seti I we focus on personal themes and processes. We visit the Temple of Ramses II.

Day 11 – 12 - 13: We travel to Al-Minia and stay two nights. We visit Tel Amarna and Toena-el-Dzhezebel en Aschmoenin.

Day 14 - 21: We stay in Abydos and focus on personal themes and processes. During these days we will visit, if we get the permission of the authorities, the "Gab", which is a holy site in the mountains behind the Temple.

Day 22: We drive to Luxor Airport.

The touring agency reserves the right to change your itinerary.

Ancient Egyptian Healing

Ancient Egyptian Healing offers a course that trains you to understand the way priests and priestesses of Ancient Egypt understood illness and how they treated it in their specific ways. In present day terms, we would call these methods holistic. The course with its initiation ceremonies is offered in three separate parts and opens up the secrets of Ancient Egyptian religions and enables you to acquire the abilities to discern the energies of diverse gods and goddesses. Healing methods and applications are taught and how and when to use them.

Besides learning the use of herbs, massages, holy etheric oils and meditations, one's own new spiritual directions will reveal themselves. This enriches and improves one's deeper self-knowledge and reveals to one, his position in the world's life cycle processes. Each part ends with its own initiation ceremony. These added skills will be of great advantage if already working as a therapist, or if one has the innate desire to work as a certified spiritual healer.

The course is specifically adapted to each participant and sets one's inner processes in motion. The visits to and reconnection with ancient Temples and powerful Earth energy sites is also part of the course. The Book Ancient Egyptian Healing I, II and III, written by Horus, accompanies each part of the total course. One returns home with a selection of herbs, various holy etheric oils and different types of musk perfume. The Ancient Egyptian Healing course requires guidance and supervision offered by Horus and Aset. Forty days, after each initiation ceremony, Horus will continue to work with you on a soul level.



Price list 2012

The price for the Ancient Egyptian Healing course are € 1850 or \$ 2643, - per person. Included are your overnight stays in 3 or 4-star hotels, Hotel Healing Centre House of Life. All meals, massage oils and various herbs. Your own expenses are: your air ticket, travel- and cancellation fees, entrance fees for Temples and museums. The touring agency reserves the right to change your itinerary.

Accommodation and Tour leaders

'Per-Ankh' means 'House of Life'

Per = House, Ankh = Life, House of Life. 'House of Life', this was the special area in the Temples, where the sick were nursed and healers trained. In these training schools, research and studies were made about the healing of diseases and making medicines. It was the only place in the Temples open to the general public. The House of Life in Abydos was one of the most renowned in all Ancient Egypt, attracting only the very best of healers.

Already in the 70s, it was Omm Sety and Horus's wish to establish a healing centre 'House of Life' where Ancient Healing practises, still powerful as therapies today, could be taught and employed.

Omm Sety passed-over in 1981. In the 90s, Horus tried to establish his and Omm Sety's dream, as he began to build the Healing Centre House of Life. The Egyptian Government, however, had earmarked the same property for their plans. Omm Sety and Horus's dreams were about to be shattered by these contrary ideas. In 2006, Horus and the American Reiki therapist Doris Isis, together with Dutch hypnotherapist Eddy Meijer, rented two apartments in the vicinity of the Temple and so the Healing Centre House of Life was established.

The year 2007 was destined to become an exceptional year for Yvon Taken. A year which took her to Egypt and Abydos where she was introduced to this impressive culture but in particular her acquaintance with Horus and the Temple of Sety I, reawakened such profound memories that it caused a life-changing transformation in her home and professional life as a therapist. The time being ripe, events have followed one another as a film since then.

The building of a Healing Centre 'House of Life', as Omm Sety and Horus visualised it, has at last started to take shape. Mid 2012 we hope the new Centre, consisting of a 4-star Hotel accommodation with 32 rooms, plus meditation room, two treatment rooms,

a swimming pool and restaurant, will be completed.

Every effort will be made to ensure that visitors to the Hotel Healing Centre House of Life will be able to experience the powerful energies of Abydos. Most of all we will ensure a quiet healing atmosphere, where the soul refinds its own light and can reflect it again.

Horus

Horus uses healing rituals and initiations in exactly the same way as the high priests and priestesses of Ancient Egypt did. He does this in our Healing Centre House of Life and in the Temple of Sety I in Abydos. As a youth, he was trained by Omm Sety, the distinguished English lady Dorothy Eady who dedicated her life to the study of the Temple of Sety I and lived most of her life in Abydos. Ancient Egypt was deeply rooted in her.

She remembered her former life as a young priestess Bentreshyt in the 19th Dynasty when she consecrated her life to the goddess Isis.

Even in the child Horus, Omm Sety recognized his special talents and gifts and took him under her wing. It is from Omm Sety that Horus acquired all his know-how.

In Hotel Healing Centre House of Life opportunities are offered to immerse oneself in the healings and rituals to trigger transformation of one's life processes. You can follow the course Ancient Egyptian Healing. On request Horus and Aset can guide you to special Temples and sites throughout Egypt.



Yvon/Aset

Yvon Taken is a certified music therapist, practising since 1996. Her practise Gaia, for Creative Music Therapy is located in Ruurlo in the province of Gelderland, the Neth-

erlands. All her life she considered music as the channel to communicate with others and now applies music therapeutically. During her professional career, Yvon worked with voice, improvisation, soundtones and intonation. She is an expert in Tarot cardreading and she also is a certified Ancient Egyptian Healer. Application of voice, improvisation, soundhealings and ritual Egyptian Healing she uses for therapeutic purposes.

Since 2008 Horus and Yvon cooperate together to realise and create the Hotel Healing Centre House of Life.



Have you become intrigued and fascinated? Would you like to know more about these tours? Do you have questions to ask? Would you prefer an alternative itinerary to already offered tours? Please feel free to contact us.

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Further reading: 'The Search for Omm Sety' by Jonathan Scott, ISBN 0-0 996-7140-9. 'Omm Sety's Egypt' by Hanny el Zeini and Catherine Dees, ISBN 9 780976 763 130.



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